WEEKEND MENU

 $8:30 am-4 pm \ weekdays \ (last \ kitchen \ orders \ 3pm, \ 2.30 pm \ on \ Tues \ \& \ Weds)$ $9.30 am-4.30 pm \ Saturday \ (last \ kitchen \ orders \ 3.30 pm).$ $9.30 am-4 pm \ Sunday \ (last \ kitchen \ orders \ 3pm)$

We are a laptop and tablet free space. Our garden is a non smoking area.

We are a cash free business and only take card payments Thanks for your understanding

| ALL DAY BRUNCH | | DRINKS MADE IN HOUSE | |
|--|-----------------------------|---|------------|
| Latke Bennie : Crispy Potato Latke, rich poached eggs, seasonal greens, hollandaise, pickled watermelon radish (gf) <i>Add</i> : halloumi (3.7); chunky avo (3.7); mushroom (3.4); charred broccoli & pesto (4.0) | 13.8 | Juices, Sodas, Lassi | |
| | | House Lemonade – freshly made in house | 4.5 |
| | | Summer Spritz – passionfruit, lime and mint | 5.0 |
| Cornbread Stack: Chilli cornbread, rich poached eggs, grated cheddar, chunky avocado, chipotle sour cream, lime (gf). <i>Add</i> : halloumi (3.7); mushroom (3.4); | 14.0 | Spiced Thai Fizz – lemongrass, chilli, Thai basil | 5.0 |
| | | Fresh Orange Juice – pressed to order | 5.5 |
| | | Fresh Start – orange, carrot, apple and ginger | 6.0 |
| 'CG' breakfast plate: rich poached eggs, grilled halloumi, black beans, portobello mushroom, vine tomato, chunky avocado, sourdough toast (gfo) Vegan: replace eggs & halloumi with vegan Stracciatella and charred tender stem broccoli | 15.0 | Green & Glorious – freshly pressed kale, green apple, comice pear, celery and ginger | 6.0 |
| | | Apple, Ginger, Turmeric & ACV shot – immune boosting wake up shot | 3.5 |
| | | Mango Lassi cooling with a hint of cardamom | 5.4 |
| Tiramisu French toast served with coffee mascarpone cream, caramelised banana, coffee syrup, raspberries | 13.0 | House Cocktails | |
| Summer Nourish Bowl: venus black rice, chunky avocado, tender stem broccoli, watermelon radish, pink cabbage, sorrel, grilled halloumi, Thai dressing (soya) (gf, vgo) vegan: replace halloumi with vegan Stracciatella Add: 1 or 2 eggs (2.0 each); kimchi (2.8); sourdough (3.8) | 13.4 | Bloody Mary Vodka, tomato juice, tabasco, vegan Worcestershire sauce, lemon (vg) | 10.5 |
| | | Mimosa Prosecco and freshly squeezed orange juice | 8.5 |
| Banana bread brunch: warm slice of banana bread, whipped oat cream (coconut yogurt for GF), maple syrup, roast plum, fresh passionfruit, warm rhubarb and berry compote, pistachio crumb (vg, gfo, nuts) | 9.5 | Aperol Spritz / Campari Spritz Prosecco, aperol / campari, soda, orange twist | 10.5 |
| | | Negroni Sweet vermouth, bitter Campari, East London gin | 10.5 |
| Breakfast bowl : salted maple granola, hazelnuts and cashews, roast nectarine, rhubarb and berry compote, fresh seasonal fruit, Greek yoghurt (nuts, gf) vegan: with coconut yoghurt (+ 1.0) | 8.0 | Negroni Sbagliato Bernardi Prosecco in place of East London gin | 10.5 |
| | | Tommy's Margarita Tequila, fresh lime juice, agave | 11.0 |
| Poached eggs on toast: Two rich poached eggs on sourdough or GF toast (gfo) Add: chunky avo (3.7), charred broccoli with pesto (4.0), kimchi (2.8), portobello mushrooms (3.4) | 8.5 | Thai Spiced Margarita Tequila, chilli, lemongrass, Thai basil, lime | 11.0 |
| , ,, | | FROM THE COUNTER (see overleaf) | |
| TOASTIES (all our toasties contain sesame in the bread) Chilli jam, double cheese, red onion Kimchi, double cheese, spicy mayo Kimchi, vegan cheese, spicy vegan mayo (vg) Kids double cheese toastie | 11.3 11.3 11.3 8.8 | Selection of home made morning buns (including our popular pistachio bun), pastries, cakes and treats available all day | |
| SIDES & ADD ONS | | SIDES & ADD ONS | າ ດ |
| Grilled Halloumi | 3.7 | Fresh kimchi (gf, vg) | 2.8 3.4 |
| Chunky avocado (gf, vg) | 3.7 | Portobello mushroom Toasted sourdough or focaccia | 3.8 |
| Fries w mayo (garlic, sriracha, wasabi, regular) (gf, vg) Charred stem broccoli, pesto, toasted almond (nuts) | 3.8 4.0 | Raspberry jam or peanut butter | 1.5 |

Our kitchen handles eggs, nuts, milk, wheat, sesame, and mustard.

We can't guarantee any of our menu items are suitable for those with allergies due to a high risk of cross contamination. gf/gfo = gluten free (option); vg/vgo = vegan (option). All our cheeses are vegetarian.

A discretionary service charge of 12.5% will be added to the bill for eat in customers

WEEKEND MENU

 $8:30 am-4 pm \ weekdays \ (last \ kitchen \ orders \ 3pm, \ 2.30 pm \ on \ Tues \ \& \ Weds)$ $9.30 am-4.30 pm \ Saturday \ (last \ kitchen \ orders \ 3.30 pm).$ $9.30 am-4 pm \ Sunday \ (last \ kitchen \ orders \ 3pm)$

We are a laptop and tablet free space. Our garden is a non smoking area.

We are a cash free business and only take card payments Thanks for your understanding

| FROM THE COUNTER | | COFFEE | |
|---|--------------------------|--|---|
| CAKES Coffee hazeInut cake (nuts, gf) | 4.0 | Our house espresso is Dragon from Dark Arts Coffee (local roasters based in Hackney) | |
| Brookie (best of both brownie-cookie) (nuts, vg) Miso & pecan bread pudding (when available) (nuts) Dulce de leche brownie Slice of cake from selection | 4.0 4.0 4.0 5.0 | Flat White Latte Cappuccino Americano Long Black Cortado Machiato Espresso Iced Americano Iced Latte Iced Flat White | 3.7 3.4 3.4/3.2 3.0 3.5/3.8 |
| PASTRIES Croissant 3.4; Pain au Choc 3.6 (vg); Cinnamon bun (vg) 3.4; Pistachio bun (nuts, vg) 4.5; | | Mocha | 3.8 |
| Snickers bun (choc & peanut butter, nuts) 4.0 | | Filter (changes regularly please ask) | 3.6 |
| PROSECCO AND WINE | | Cold brew made in-house Notes of macadamia and brazil nuts and fruit Peruvian washed (Dark Arts) served black | 3.8 |
| Prosecco (125ml/ 750ml) 7.0/30 Bernardi Prosecco Frizzante NV Dry & refreshing, hints of green apples & herbs (organic, vg) | | Non dairy milk available at no extra cost Moma Oat Milk Rude Health Coconut | |
| White Wine (250ml) 9.0 Defy Italian White Wine | | TEA CHAI HOT CHOC | |
| Organic from Abruzzo, Italy. Dry and refreshing. Comes in a can so can be shared | | Tea selection (from Good & Proper Tea) Breakfast Tea Earl Grey Rooibos Green Tea Fresh Mint tea | 3.0 3.2 |
| Pale Rosé Wine (250ml) 9.0 Defy Italian Rose Wine | | Chai Latte (Joe & Henny's) Dirty Chai Latte (with double espresso shot) | 3.9 4.5 |
| Vegan, organic from Abruzzo, Italy. Crisp and refreshing. Comes in a can so can be shared | | Hot Chocolate (house blend) Matcha Latte | 3.7 3.9 |
| CRAFT BEERS | | Breakfast or Rooibos Iced tea slightly sweetened with a hint of lemon | 3.6 |
| Lost & Grounded Keller Pils Lager, 4.8% (440ml). Clean, unfiltered | 5.0 | | |
| Northern Monk Eternal Session IPA, 4.1% (330ml) | 5.0 | OTHER SOFT DRINKS | |
| Loah lager (lime) or Loah IPA (blood orange) | 4.5 | Square Root Soda Ginger Beer Cola | 2.8 |
| 0.5% (330ml). Crisp, thirst quenching and fresh | | Belu Water Still or Sparkling (330ml / 500ml can) | 1.8/2/8 |

Our kitchen handles eggs, nuts, milk, wheat, sesame, and mustard.

We can't guarantee any of our menu items are suitable for those with allergies due to a high risk of cross contamination.

gf/gfo = gluten free (option); vg/vgo = vegan (option). All our cheeses are vegetarian.